

### Monday

Apple Frudel **3**  
Benefit Bar  
Ultimate Breakfast Bar  
Bagel w/ Cream Cheese  
Cereal Bowl or PopTarts  
Variety of Fruit & Juice

Pancake Wrap **10**  
Benefit Bar  
Ultimate Breakfast Bar  
Bagel w/ Cream Cheese  
Cereal Bowl or PopTarts  
Variety of Fruit & Juice

Buttermilk Bar **17**  
Benefit Bar  
Ultimate Breakfast Bar  
Bagel w/ Cream Cheese  
Cereal Bowl or PopTarts  
Variety of Fruit & Juice

Mini Waffles **24**  
Benefit Bar  
Ultimate Breakfast Bar  
Bagel w/ Cream Cheese  
Cereal Bowl or PopTarts  
Variety of Fruit & Juice

Pumpkin Muffin **31**  
Benefit Bar  
Ultimate Breakfast Bar  
Bagel w/ Cream Cheese  
Cereal Bowl or PopTarts  
Variety of Fruit & Juice

### Tuesday

Mini Waffles **4**  
Benefit Bar  
Ultimate Breakfast Bar  
Bagel w/ Cream Cheese  
Cereal Bowl or PopTarts  
Variety of Fruit & Juice

Bagel Pizza **11**  
Benefit Bar  
Ultimate Breakfast Bar  
Bagel w/ Cream Cheese  
Cereal Bowl or PopTarts  
Variety of Fruit & Juice

Bagel Mini Strawberry Creamy  
Cheese Filled **18**  
Benefit Bar  
Ultimate Breakfast Bar  
Bagel w/ Cream Cheese  
Cereal Bowl or PopTarts  
Variety of Fruit & Juice

Breakfast Pizza **25**  
Benefit Bar  
Ultimate Breakfast Bar  
Bagel w/ Cream Cheese  
Cereal Bowl or PopTarts  
Variety of Fruit & Juice

### Wednesday

Breakfast Pizza **5**  
Benefit Bar  
Ultimate Breakfast Bar  
Bagel w/ Cream Cheese  
Cereal Bowl or PopTarts  
Variety of Fruit & Juice

Mini Pancakes **12**  
Benefit Bar  
Ultimate Breakfast Bar  
Bagel w/ Cream Cheese  
Cereal Bowl or PopTarts  
Variety of Fruit & Juice

Chocolate Muffin **19**  
Benefit Bar  
Ultimate Breakfast Bar  
Bagel w/ Cream Cheese  
Cereal Bowl or PopTarts  
Variety of Fruit & Juice

Apple Frudel **26**  
Benefit Bar  
Ultimate Breakfast Bar  
Bagel w/ Cream Cheese  
Cereal Bowl or PopTarts  
Variety of Fruit & Juice

### Thursday

Buttermilk Bar **6**  
Benefit Bar  
Ultimate Breakfast Bar  
Bagel w/ Cream Cheese  
Cereal Bowl or PopTarts  
Variety of Fruit & Juice

Mini Cinnis **13**  
Benefit Bar  
Ultimate Breakfast Bar  
Bagel w/ Cream Cheese  
Cereal Bowl or PopTarts  
Variety of Fruit & Juice

French Toast **20**  
Benefit Bar  
Ultimate Breakfast Bar  
Bagel w/ Cream Cheese  
Cereal Bowl or PopTarts  
Variety of Fruit & Juice

Pancake Wrap **27**  
Benefit Bar  
Ultimate Breakfast Bar  
Bagel w/ Cream Cheese  
Cereal Bowl or PopTarts  
Variety of Fruit & Juice

### Friday

Fresh Baked Cinnamon Roll **7**  
Benefit Bar  
Ultimate Breakfast Bar  
Bagel w/ Cream Cheese  
Cereal Bowl or PopTarts  
Variety of Fruit & Juice

Fruit Parfait & Grahams **14**  
Benefit Bar  
Ultimate Breakfast Bar  
Bagel w/ Cream Cheese  
Cereal Bowl or PopTarts  
Variety of Fruit & Juice

Fresh Baked Cinnamon Roll **21**  
Benefit Bar  
Ultimate Breakfast Bar  
Bagel w/ Cream Cheese  
Cereal Bowl or PopTarts  
Variety of Fruit & Juice

Fruit Parfait & Grahams **28**  
Benefit Bar  
Ultimate Breakfast Bar  
Bagel w/ Cream Cheese  
Cereal Bowl or PopTarts  
Variety of Fruit & Juice

All meals are served with the  
choice of  
1% white milk or  
nonfat chocolate milk.

Please be advised – All menus are subject to change without notice due to ongoing nationwide food supply shortages and product unavailability. We will continue our best efforts to serve our students with the best products available.

We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.

USDA is an equal opportunity provider, employer, and lender.

### Monday

**3**  
Domino's Smart Slice Cheese  
or Pepperoni Pizza  
Caesar Salad – Baby Carrots  
Variety of Fruit  
Chocolate Chip Cookie

**10**  
Domino's Smart Slice Cheese  
or Pepperoni Pizza  
Caesar Salad – Baby Carrots  
Variety of Fruit  
Chocolate Chip Cookie

**17**  
Domino's Smart Slice Cheese  
or Pepperoni Pizza  
Caesar Salad – Baby Carrots  
Variety of Fruit  
Chocolate Chip Cookie

**24**  
Domino's Smart Slice Cheese  
or Pepperoni Pizza  
Caesar Salad – Baby Carrots  
Variety of Fruit  
Chocolate Chip Cookie

**31**  
Domino's Smart Slice Cheese  
or Pepperoni Pizza  
Caesar Salad – Baby Carrots  
Variety of Fruit  
Pumpkin Icee

### Tuesday

**4**  
Pizza Pocket or Chimi Nada  
or Chef Salad  
Green Beans  
Celery Sticks – Salad  
Variety of Fruit  
Fruit Roll Up

**11**  
Chicken Taquitos or  
Twice Grilled Cheese Quesadilla  
or Chef Salad  
Black Beans  
Broccoli Salad – Salad  
Variety of Fresh Fruit  
Goldfish Crackers

**18**  
Chicken Double Dogs or  
Grilled Cheese or Chef Salad  
Green Beans  
Celery Sticks - Salad  
Variety of Fresh Fruit  
Fruit Roll Up

**25**  
Pizza Pocket or Chimi Nada  
or Chef Salad  
Green Beans  
Celery Sticks – Salad  
Variety of Fruit  
Fruit Roll Up

### Wednesday

**5**  
Beef Taco Stick or Bean &  
Cheese Burrito or Chef Salad  
Elote Corn – Salsa – Sour Cream  
Seasoned Jicama - Salad  
Variety of Fresh Fruit  
Tortilla Chips

**12**  
Orange Chicken Bowl or  
Black Bean Rice Bowl  
or Chef Salad  
Stir Fry Veggies  
Celery Sticks – Salad  
Variety of Fruit

**19**  
Chicken Tamale or Bean &  
Cheese Pupusa or Chef Salad  
Elote Corn – Salsa – Sour Cream  
Seasoned Jicama - Salad  
Variety of Fresh Fruit  
Tortilla Chips

**26**  
Beef Taco Stick or Bean &  
Cheese Burrito or Chef Salad  
Elote Corn – Salsa – Sour Cream  
Seasoned Jicama - Salad  
Variety of Fresh Fruit  
Tortilla Chips

### Thursday

**6**  
Corn Dogs or  
Sunbutter & Jelly Sandwich  
or Chef Salad  
Broccoli Salad – Salad  
Variety of Fruit  
Ice Cream Cup

**13**  
Ham & Cheese Melt or  
Veggie Croissant or Chef Salad  
Steamed Corn  
Cucumber Sticks – Salad  
Variety of Fresh Fruit  
Fruit Roll Up

**20**  
Chicken Nuggets or  
Macaroni & Cheese w/ Roll  
or Chef Salad  
Broccoli Salad – Salad  
Variety of Fruit  
Goldfish Crackers

**27**  
Corn Dogs or  
Sunbutter & Jelly Sandwich  
or Chef Salad  
Broccoli Salad – Salad  
Variety of Fruit  
Ice Cream Cup

### Friday

**7**  
Twin Cheeseburgers or  
Veggie Wrap & Cheese Stick  
or Chef Salad  
Baked Beans  
Baby Carrots – Salad  
Variety of Fresh Fruit  
Chips

**14**  
Chili Dog or  
Pull Apart w/ Marinara  
or Chef Salad  
Tater Tots  
Baby Carrots – Salad  
Variety of Fresh Fruit  
Ice Cream Cup

**21**  
Ham & Cheese Croissant or  
Sunbutter & Jelly Sandwich  
or Chef Salad  
Baked Beans  
Baby Carrots - Salad  
Variety of Fresh Fruit  
Chips

**28**  
Twin Cheeseburgers or  
Pumpkin Pretzel & Cheese  
or Chef Salad  
Baked Beans  
Baby Carrots – Salad  
Variety of Fresh Fruit  
Chips

**All meals are served with the  
choice of  
1% white milk or  
nonfat chocolate milk.**

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